

## SCHOOL OF HUMAN STUDIES (SHS)

School of Human Studies is an explorative, interdisciplinary space for thinking and reflecting on the myriad meanings of being human. Academic programmes housed in the School focus on the promise and potential of the human along with the actual historical exclusions and marginalisations that humans have led to.

## MA PSYCHOLOGY

The MA Psychology (Psychosocial Clinical Studies) is an innovative program which attempts to inculcate in students a capacity for clinical and critical thinking that will facilitate a nuanced sensitivity to diverse states of emotional experience, a regard for the margins of Indian society and a capacity to theorise the same. It may be thought of as a first attempt in India to redefine and provide a new direction to the disciplinary orientation of Psychology.

We expect our students to engage effectively in academic and research fields. It is hoped that our focus on clinical thinking and related processes will enable our students to effectively respond and work in contexts, such as counselling and psychotherapy, which require engagement with the nuances of feeling states and the richness of human subjectivity.

The Program has a strong interdisciplinary framework and draws from relevant and rich literature in Psychology, Psychoanalysis, Clinical Thinking, Feminist Scholarship, Philosophy, Cultural and Linguistic Anthropology, Spiritual Studies, Sociology, Literature, Art and Aesthetics etc. The Foundational Courses, which are interdisciplinary in nature, generate an engagement with the multiple understandings of the term human. Students of the Programme need to be thoroughly familiar with intra-psychic and interpersonal processes; and at the same time, while working with experience, they need to be informed of the socio-cultural and political processes that both constitute these and differentially enable a living of these experiences.

## PROGRAMME OBJECTIVES

Recognise the complexity in inner worlds and explore forbidden realms in thoughts and feelings

Experience psyche as a source of inner freedom and aspire towards playfulness, and creative action

Appreciate psyche as created and formed by the matrix of social, political and historical forces

Appreciate difference and plurality in life while critically understanding the dynamic processes that foster marginalisation and exclusion.

## FEATURES OF THE PROGRAMME

### Summer Fieldwork

During the summer break intensive fieldwork is initiated for a period of 30 days. Students are assisted in placement in institutions such as hospitals and NGOs engaged in the field of mental health and trauma. They work with people affected by violence and participate in processes of restoration and rehabilitation. The internship is a site where students engage and develop a relational and clinical acumen. Also, students can make visits to places where indigenous processes of healing happen and document their observations. Regular supervision is provided during this period. A detailed report documenting experiences is required at the end of the internship.

**Research Project/ Dissertation:** As a part of fulfilling their requirements towards completion of the MA Programme, students in their final year are required to draft a research proposal and complete a dissertation on an appropriate topic in consultation with their assigned supervisors in the faculty.

### Mentorship

A special feature of the Programme is mentorship where a group of 6-7 students of the class work closely with a single faculty for 2 years. It is a group process where a nurturant relationship develops between the mentor and the mentee, and students can articulate their anxieties and reflect on their subjective experiences that are evoked in the class. This is also a space where personalised feedback and reflection on assessment and grades may be given.

Furthermore, mentorship groups are powerful locales for peer learning and exchanges in a close engaged ongoing intimacy. The co-constructed nature of knowledge, and the inter-subjective sense of the self, both make themselves available in a small group setting.

### Pedagogy

The Programme uses many innovative teaching methods and styles such as seminars, workshops, film analyses, case studies, clinical vignettes, literacy narratives and role playing. The teaching style is immersive, reflective, and ideally a reflexive exercise.

### Assessment and Evaluation

The assessment procedure for the Programme comprises a variety of assessment situations, spanning the entire duration of the semester. The assessment situations range from exams, open book tests, viva-voce, group presentations, film analyses, take home assignments, term papers and peer assessments. An effort is made to capture the myriad capacities of the student – from comprehension and writing, connecting the psyche with emotional struggles of significant others, acquiring clinical sensitivities and skills, and testing their relevance in work contexts.

## CAREER OPTIONS

The graduates may go into further training and/or professional streams as future Psychotherapists, psychological thinkers and critical researchers. They may also be fruitfully employed in NGOs working with issues related to Mental Health and Gender or related concerns in the clinico-social domain, or as counsellors in schools and other educational institutions, consultants in prisons and half-way homes.

**DURATION** 2 years (4 semesters) Full Time

**NUMBER OF CREDITS** 70

**FEES\*** Rs.1,250 per credit + Rs.500 per semester for Student Welfare Fund + Rs. 5,000 refundable caution deposit. Partial/ full fee waivers and scholarships available. (\*subject to approval)

**MEDIUM OF INSTRUCTION** English

**AMBEDKAR UNIVERSITY DELHI (AUD)**  
LOTHIAN ROAD, KASHMERE GATE, DELHI 110 006



## PROGRAMME STRUCTURE

### SEMESTER 1

#### Foundational Courses

Ideas, Knowledge and Ethics (4)

#### Programme Specific & Core Courses

Psychology as a Human Science: History and Debates (4)

Family and Identity in India (4)

#### Seminars/ Workshops

Experiencing the Self (4)

Clinical Lectures on Psychopathology (2)

### SEMESTER 2

#### Foundational Courses

Ways of Humans (4)

#### Programme Specific & Core Courses

Reading Freud (4)

Life at the Margins (4)

#### Practicum/ Fieldwork

Preparing for Clinical Work (4)

### SEMESTER 3

#### Foundational Courses

Politics, Resistance and Transformation (4)

#### Programme Specific & Core Courses

Childhood Identity and Society (4)

Psychotherapeutics (4)

#### Research Coursework

Qualitative Research Methods (4)

#### Practicum/ Fieldwork

Research Project/Dissertation (4)

### SEMESTER 4

#### Seminars/ Workshops

Listening Communicating and Relating (2)

Psychic Work: Paradox and Process (2)

#### Elective

Psychoanalytic Psychotherapy (4)

Gender and Psychology (4)

Deconstructing Normalcy (4)

### SUMMER FIELD WORK (4) (ALL SEMESTER)

All courses are of 4 credits except where indicated

## ADMISSIONS 2014

### SEATS

42 (including reservations in accordance with the Government of NCT of Delhi norms).

### HOSTEL

AUD has about 40 seats for women in its Hostel in Kashmere Gate and about 20 seats for men in Dwarka.

### ELIGIBILITY (Essential)

Bachelors degree with at least 45% marks (or equivalent grade) from a recognised University in any discipline (relaxation of 5% for candidates belonging to SC/ ST/ PD categories).

Candidates appearing for the final year examination of a degree can also apply.

### ONLINE APPLICATION

1 May – 16 June 2014

### ENTRANCE TEST

1 July 2014

### ON CAMPUS APPLICATION

26 May – 16 June 2014

### INTERVIEWS

08 – 09 July 2014

\*Consult AUD website for entrance specific information.

Application Fees: Rs.400  
(Rs.200 for SC/ST/PD)



For more information: [www.aud.ac.in](http://www.aud.ac.in)

Contact us: +91-11-2386 4060, 2386 3742

Write to us: [deanshs@aud.ac.in](mailto:deanshs@aud.ac.in) or [anshumita@aud.ac.in](mailto:anshumita@aud.ac.in)

# MA PSYCHOLOGY 2014-2016

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