

18. BBA Students Create “Wall of Gratitude” as Part of Positive Psychology Course

Event date: September 9, 2025

Venue: Kashmere Gate Campus

The BBA students in the Positive Psychology class engaged in a reflective activity by creating a Wall of Gratitude. This initiative helped them experience the transformative power of thankfulness in everyday life

WALL OF GRATITUDE

I am thankful that
I was able to find
a good place to
live in my
new home and
that my husband
and I are still
together.

I am thankful for
the friends who
stayed, even when
I gave them over
possible reason to
leave. -Dor

I am thankful
for my ability to
stay strong.

I am thankful for
the opportunity and
freedom to
share with the
community of the
world.

SORRY
-K

I have struggled to
live with my
father and
brother. I am
thankful that
I have my life.

I am thankful
to have the
chance to
participate in
competition.

I am thankful towards
my attitude of not getting
bored during new
experiences which I
thoroughly made me a
better person overall than
before. I am grateful to
be able to do what I
want to do in my life.