

Centre of Psychotherapy and Clinical Research

ehsaas clinic welcomes you

This is to inform that the ehsaas, the psychotherapy and counselling wing of CPR, is fully functional at Kashmere Gate Campus since 1st of April 2026 and students and staff members of the university community have been approaching the ehsaas clinic on a daily basis for their emotional and psychological needs. You are all welcome to access the walk-in facility of ehsaas five days a week and also schedule an appointment with the psychotherapists at ehsaas as required.

We all go through many moments in life where we feel lost, confused or low. There are phases when we feel a little out of control, anxious or demotivated. At times we need to simply reflect and regather our energies and grow further. At CPR, ehsaas you will be held by a listening and caring presence. We, the counsellors and psychotherapists are eager to receive you.

In the coming weeks, the ehsaas clinic will also become functional across all the campuses of AUD. Till such time we are operating from the Kashmere Gate Campus. Pl don't hesitate to reach out to us. You may write to ehsaas@aud.ac.in in case you are looking to speak to someone and share your dilemmas. We will revert back soon to you. Your emotional wellbeing and mental health is of utmost priority to us.

The ehsaas Team of CPR